

<u>St Helens Family Hub and Children's Centre</u> <u>Offer 30th October to 4th November 2023</u>



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

AM

Baby Group (0-12mths) 9.30am - 10.30am Newton Family Hub

Slow Cooker
Challenge
(Due to popularity
places are limited)
11.30am - 1.30pm
Central Link Family
Hub

AM

Spooky Mini Chef's (4-11yrs) 10.30am - 11.30am Central Link Family Hub

Baby Group (0-12mths) 10.00am - 11.00am Sutton Family Hub

Read and Rhyme 10.30am Eccleston Library



AM

Coffee/Tea Tots 10.00am - 11.00am Sutton Family Hub

Sensory Baby Group (0-12mths) 10.00am - 11.00am Parr Children's Centre

Let's Get Ready for Nursery (6-36mths) 10.00am - 11.30am Newton Family Hub AM

Sensory Baby Group (0-12mths) 9.30am - 10.30am Sutton Family Hub

Let's Get Ready for Nursery 9.30am - 11.00am Sutton Family Hub

Baby Group (0-12mths) 10.00am - 11.00am Parr Children's Centre

Spooky Silent Disco (2-11yrs) 10.30pm - 11.30am Thatto Heath Children's Centre AM

Sensory Baby Group (0-12mths) 10.00am – 11.00am **Haydock Library**

Autumn Crafts
including
refreshments
(2-14yrs)
10.00am - 11.00am
Newton Family Hub



AM

Parent's In Mind 9.00am - 12.00pm Sutton Family Hub

M.A.T.CH Group (0-11yrs) 10.00am - 12.00pm Sutton Family Hub

Change Grow Live Drop-in clinic (0-18yrs) 10.00am - 1.00pm Sutton Family Hub





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Monday

Tuesday

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Friday

Saturday

PM

Sensory Baby Group (0-12mths) 1.30pm - 2.30pm Newton Family Hub

Little Wizz Kids 1.30pm - 2.30pm Sutton Family Hub

Musical Instrument
Making
3.30pm - 4.30pm
(0 - 11yrs)
Parr Children's
Centre

PM

Baby Group (0-12mths) 1.30pm - 2.30pm Central Link Family Hub

Sensory Baby Group (0-12mths) 1.30pm - 2.30pm Moss Bank Children's Centre



PM

Autumn Crafts
including
refreshments
(2 - 14yrs)
1.00pm - 2.30pm
Fourways Children's
Centre

Spooky Silent Disco (2-11yrs) 2.30pm - 3.30pm Sutton Family Hub PM

Baby Group (0-12mths) 1.30pm - 2.30pm Moss Bank Children's Centre

Slow Cooker
Challenge
(Due to popularity
places are limited)
1.30pm - 3.30pm
Sutton Family Hub

PM

Slow Cooker Challenge (Due to popularity places are limited) 1.30pm - 3.30pm Newton Family Hub

Mini Chefs (Invite only) 3.00pm - 4.30pm Sutton Family Hub



PM









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If you have any questions relating to our activities, or if you would like to reserve a place on any of the Family Hub and Children's Centre groups, please call Parr Children's Centre on 01744 671788 or Central Link Family Hub on 01744 673445. Alternatively, you can message us via our Facebook page! St Helens Family Hub and Children's Centres

Group Descriptions

Autumn Crafts - an interactive arts and craft session using natural resources.

Baby Group - a group aimed at babies aged 0-12 months to promote bonding and developing new skills. Meeting new mums/dads and learning through play.

Musical Instrument Making - enjoy making your own musical instruments using a variety of resources. Maybe join a band!

Spooky Mini Chef's - a fun and interactive cookery session for children aged 4 - 11 yrs.

Sensory Baby Group - a fun and stimulating sensory session for babies 0-12months.

Spooky Silent Disco - enjoy dancing to your individual favourite music via wireless headphones.

Slow Cooker Challenge – enjoy preparing, cooking and eating affordable healthy meals for the whole family. All participants receive a free slow cooker on completion.

Coffee/Tea Tots - is facilitated within our family friendly café where you can relax and enjoy free healthy food and drinks; toys and books are available for little ones.

Let's Get Ready for Nursery – fun and interactive sessions which will support you and your child to become school ready and support your child's learning through play, extend their creative thinking as well as encouraging practical tasks.

Little Wizz Kids – a fun, stimulating and interactive play, learning and development session for new-born babies up to children aged 36 months. The group will support families to build attachment and positive parenting behaviours; strengthen parent-child interaction within the Early Learning Environment, and support school readiness.

