

Eccleston Mere Primary School Saleswood Avenue, St.Helens, WA10 5NX Telephone: 01744 734829 E-mail: ecclestonmere@sthelens.org.uk Headteacher: Mr. R Mugan

Dear Parent / Carer,

As the winter approaches there will be many different coughs, colds and bugs circulating around school. Whilst the attendance of children at school remains a significant priority in school, there are instances were absences actually help us to control infection, so ensuring that our school community stays well.

In support of the above we are writing to parents to clarify the current situation with regard sickness absences. We have seen a small number of confirmed COVID illnesses in the last fortnight and thought it important to clarify the guidance around this, as well as other illnesses.

Please see the table below, indicating the guidance around the four most common illnesses and conditions:

Illness	Recovery / Absence Guidance
Diarrhoea or / and Vomiting	Whilst symptomatic and 48 hrs from last episode.
Flu / Fever	Until recovered from illness / no longer symptomatic.
Chickenpox	Until all chickenpox have crusted over.
COVID (in the case of a positive test)	Guidance is that children should remain at home for three days.

A slight cold and a cough **does not disable a child from attending school**. However, children with heavy colds or persistent coughs should stay at home. A child whose cough is disappearing and who is feeling better should return to school.

In the case of other, more specific illnesses or health conditions, please contact the school office through the school app, by e-mail or via a telephone call.

Kind Regards,

Mr Mugan